

SEGUFIX® -Hand Waist Restraint



Item 5204/r, Item 5304/r, Item 5404/r

Consisting of:

- 1 SEGUFIX® - Restraint Belt
- 2 SEGUFIX® - Hand Straps
- 3 SEGUFIX® - Locks
- 1 SEGUFIX® - Key

Sizes: S / M / L / XL

Component part:

- Item 5101/r (Restraint Belt)
- Item 5104/r (1 Hand Strap)
- (locks and keys not included)



The SEGUFIX® -Hand Waist Restraint (yellow label) is part of the SEGUFIX® - Mobile Restraint and is made from a cotton/rayon mix.

3 Versions → SEGUFIX® -Locks:		
1206 / 1208	1306 / 1308	1406 / 1408
Item 5204/r	Item 5304/r	Item 5404/r

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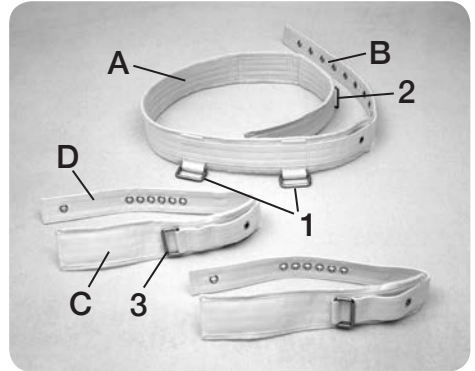
Versions – Item no. / identification	
Item no. / Version	Product features
.../r	Eyellet strap reinforced for higher demands

SEGUFIX[®]-Hand Waist Restraint

3 Locking Systems:
Item 5204/r / 5304/r / 5404/r

Intended use:

- To restrain hands of patients during transfer (requires continuous monitoring)
- Prevents patients from injuring themselves or others, e. g. accompanying personnel during transfer
- Physically restraining patients

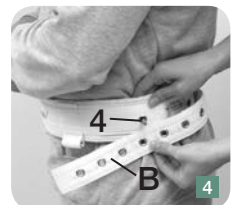
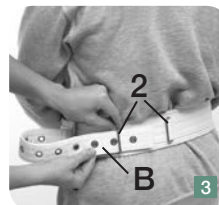
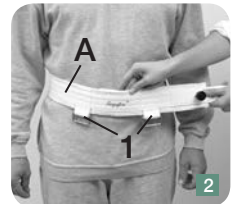
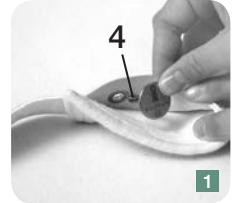


Instructions for use item 5204/r, 5304/r, 5404/r, 5101/r (Component part: Restraint Belt)
5104/r (Component part: 1 Hand Strap)

Locks and keys see pages 6 and 7

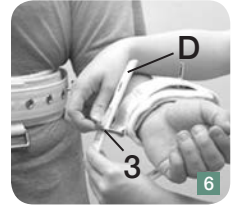
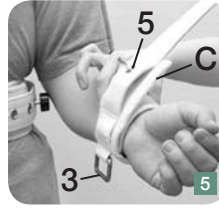
How to fasten the SEGUFIX[®]-Restraint Belt to the patient's waist:

- Insert the pin of the lock (4) through the eyelet of the pin flap.
- Wrap the restraint belt (A) around the patient's waist, so that both metal loops (1) point down.
The patient's hands can be fastened **in front of the stomach** or **behind the back**. Accordingly, the metal loops should be positioned in front of the stomach or behind the patient's back.
- Insert the end of the eyelet strap (B) through one of the metal loops (2) of the restraint belt and pull it back over the metal loop toward the pin of the lock (4).
- Pull the eyelet strap (B) tight and lay it with an eyelet over the pin of the lock (4).
- Close the lock (4).
- The restraint belt must fit snugly, but not cause pressure marks.
You should be able to slide an open hand between patient and waist belt.



How to fasten the SEGUFIX®-Hand Strap to the patient's wrist:

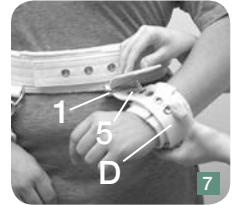
- Insert the pin of the lock (5) through the eyelet of the pin flap.
- Wrap the padded cuff of the hand strap (C) snugly around the patient's wrist. The Velcro® fastener on the cuff prevents slipping after closing.
- Insert the eyelet strap (D) through the metal buckle (3) and pull it tightly back over the metal buckle.



How to attach the SEGUFIX®-Hand Straps loosely to the Restraint Belt:

(in front of the stomach or behind the back)

- The Hand Strap is applied.
- Insert the end of the eyelet strap (D) through the respective metal buckle (1) of the restraint belt and then lay it with an eyelet over the pin of the lock (5).
- Close the lock (5).
- Fasten the second hand strap in the same manner.
- The cuff of the hand strap should be snug, but should not restrict blood circulation.
- Pull on each lock to test for a secure hold.

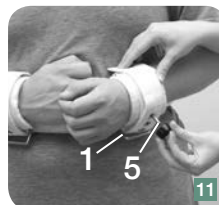


How to attach the SEGUFIX®-Hand Straps tightly to the Restraint Belt:

(in front of the stomach or behind the back)

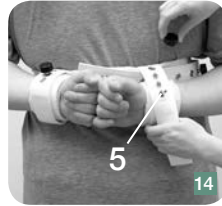
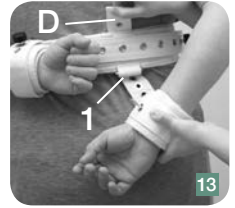
Attach in front of the stomach:

- The Hand Strap is applied with the lock (5) still open.
- Insert the eyelet strap of the hand strap (D) **from top to bottom** behind the restraint belt and then through the metal loop (1).
- Lay the eyelet strap (D) with an eyelet over the pin of the lock (5) of the hand strap.
- Close the lock (5).
- Fasten the second hand strap in the same manner to the restraint belt.
- The cuff of the hand strap should be snug, but should not restrict blood circulation.
- Pull on each lock to test for a secure hold.



Attach behind the back:

- The Hand Strap is applied with the lock (5) still open.
- Insert the eyelet strap of the hand strap (D) first through the metal loop (1) and then behind the restraint belt **from the bottom up**.
- Lay the eyelet strap (D) **tightly** with an eyelet over the pin of the lock (5) of the hand strap.
- Close the lock (5).
- Fasten the second hand strap in the same manner to the restraint belt.
- The cuff of the hand strap should be snug, but should not restrict blood circulation.
- Pull on each lock to test for a secure hold.



How to release the restraint and remove it:

See page 7 on how to open the respective locking systems.

- To release the restraint open the locks (5 and 4) of the hand straps and the restraint belt and lift all belt parts off of the pins and pull them out of the metal loops.
- Then remove the restraint from the patient.



Follow **SEGUFIX®-Safety Information and Warnings** on pages 8 - 11

WARNING: Read the Safety Information prior to using the SEGUFIX®-Hand Waist Restraint.

- Use of the SEGUFIX®-Hand Waist Restraint requires continuous monitoring.
- Note, that a patient with the SEGUFIX®-Hand Waist Restraint fastened cannot break a fall.
- The SEGUFIX®-Transport System does not replace the vehicles own seat belt system. The SEGUFIX®-Transport Belts may only be used as additional support or positioning of the patient.
- For more product info visit us online at www.segufix.com or www.segufix-shop.com

SEGUFIX®-Hand Waist Restraint										
Size	Item	kg*	Item	kg*	Item	kg*	Restraint Belt Component part	kg	Hand Strap Component part	kg
S	5204/r	0,82	5304/r	0,84	5404/r	0,83	5101/r	0,50	5104/r	0,14
M	5204/r	0,96	5304/r	0,89	5404/r	0,88	5101/r	0,52	5104/r	0,17
L	5204/r	1,06	5304/r	0,96	5404/r	0,95	5101/r	0,56	5104/r	0,19
XL	5204/r	1,20	5304/r	1,03	5404/r	1,02	5101/r	0,61	5104/r	0,22


*Total product weight: 1 Restraint Belt, 2 Hand Straps, 3 Locks and 2 Keys

Tables: approximate measurements – about 8 % shrinkage possible (products are not pre-washed)

Restraint Belt (Component part)					
Size	Item	Width of belt		Waist girth	
		mm	inches	mm	inches
S	5101/r	75	3.0	520 - 820	20.5 - 32.3
M	5101/r	75	3.0	800 - 1200	31.5 - 47.2
L	5101/r	75	3.0	1160 - 1560	45.7 - 61.4
XL	5101/r	75	3.0	1360 - 1800	53.4 - 70.9


Hand Strap (Component part)					
Size	Item	Width of belt		Wrist girth	
		mm	inches	mm	inches
S	5104/r	45	1.8	120 - 190	4.7 - 7.5
M	5104/r	45	1.8	160 - 240	6.3 - 9.5
L	5104/r	45	1.8	220 - 290	8.7 - 11.4
XL	5104/r	45	1.8	260 - 340	10.2 - 14.2





SEGUFIX®-Magnetic locking system black

Item	Consisting of:
1206	1 Magnetic Button black / segufix.com 1 Metal Pin
1208	1 Magnetic Key red
1204	1 Magnetic Button black / segufix.com
1205	1 Metal Pin
1209	1 Magnetic Key red with key ring




SEGUFIX®-Patent Twist locking system green

Item	Consisting of:
1306	1 Patent Twist Button green 1 Square Pin
1308	1 Patent Twist Key yellow
1304	1 Patent Twist Button green
1305	1 Square Pin

Intended use of the Lock:
Closing of the SEGUFIX® systems.

Intended use of the Key:
Quick release of the locks.

Caution: Each locking system only works with its own component parts and is not interchangeable with other locking systems.



Push locking system

Item	Consisting of:
1406	1 Push Button 1 Push Pin
1408	1 Push Lock Key
1404	1 Push Button
1405	1 Push Pin



WARNING: Read the Safety Information prior to using the SEGUFIX®-Locks and Keys.

- Do not submerge locks in any type of liquid. This can cause malfunction.
- Locks and keys must not be laundered.
- Test locks for proper function before each use.
- Examine the head of the pin for damage (wear and tear, rounding off or deformation).
- When closing the lock make sure that the button locks securely onto the pin. You should not be able to pull the button off of the pin.
- When opening locks, ensure movement between the upper and lower points of contact (item 1206). Therefore each lock can hold up to a maximum of 4 belt layers (exception: products with “r” or “f” in the item number have thicker belts. These allow for a maximum of 3 belt layers!). When using the Patent Twist Lock (item no. 1306) use no more then 4 belt layers. When using the Push Lock (item no. 1406) use no more then 3 belt layers.
- If damaged locks fail to open, straps can be cut with scissors or belt cutters.
- For more product info visit us online at www.segufix.com or www.segufix-shop.com

Instructions for use: SEGUFIX®-Locks and Keys

Item 1206 / 1208 (SEGUFIX®-Magnetic locking system black)

Item 1306 / 1308 (SEGUFIX®-Patent Twist locking system green)

Item 1406 / 1408 (Push locking system)

How to open the Locks:

Item 1206 / 1208

- Set the red Magnetic Key with a light push on top of the black Magnetic Lock.
- Lift both the Magnetic Key and the Magnetic Button off of the Metal Pin (fig. 1).



Item 1306 / 1308

- Set the yellow Magnetic Twist Key on top of the green Magnetic Twist Lock.
- Unlock the Patent Twist Lock by turning the Patent Twist Key, and then lift both the Patent Twist Key and the Patent Twist Button off of the Square Pin (fig. 3).



Item 1406 / 1408

- Push the two pins of the Push Lock Key into the holes on top of the Push Button to unlock.
- Lift both the Push Lock Key and the Push Button off of the Push Pin (fig. 2).



How to close the Locks:

- Set the respective button with the opening onto the pin so that it locks in place.
- Now test the lock for a secure hold: You should not be able to pull the button off of the pin.

Caution: Each locking system only works with its own component parts and is not interchangeable with other locking systems.

Follow SEGUFIX®-Safety Information and Warnings on pages 8 - 11

The following instructions for use are only applicable to original SEGUFIX® products. Do not use the SEGUFIX®-Restraint and Positioning System until you have read and understood the instructions for use. Only use up-to-date instructions and keep them in a safe and readily available location. Product and instruction must match. Failure to use this product properly can cause serious injury or death. Your patient's safety depends on your using the SEGUFIX® system correctly.

1. Requirements for use

It is the user's responsibility to comply with all national laws. Always consider restraining protocols of your work place and current legislation. The instructions for use must be adhered to.

SEGUFIX® products may only be used by individuals with proper training and knowledge of the product. Legal provisions and doctor's orders must be strictly observed! The attending physician must ensure, that the patient's medical condition allows the application of the SEGUFIX® system. Watch for unlikely allergic reactions.

2. Intended use

SEGUFIX® products may only be used for the medical purposes, which they were designed for.

3. Remove dangerous objects

Remove all objects from the reach of the patient, which could lead to injury or may damage the belts (e.g. glasses, jewelry and sharp objects).

4. Inspect products before use



Inspect before each use for broken stitches, torn, worn out or frayed parts and damaged eyelets. Damaged products could malfunction and cause injury. Do not use damaged or worn out products.

5. When opening, locks may not be under tension

When opening locks, ensure movement between the upper and lower points of contact (item 1206). Therefore each lock can hold up to a maximum of 4 belt layers (exception: products with "r" or "f" in the item number have thicker belts. These allow for a maximum of 3 belt layers!). When using the Patent Twist Lock (item 1306) use no more than 4 belt layers. When using the Push Lock (item 1406) use no more than 3 belt layers.



6. Always attach Side Positioning Straps

The SEGUFIX®-Standard must always be used with the Side Positioning Straps attached. Side Positioning Straps prevent the patient from helicoptering in bed or from getting over the edge of the bed causing compression of the chest, possibly resulting in death.

In some cases it is possible that patients get over the edge of the bed even with the Side Positioning Straps attached and the side rails in the up position. In these cases additional restraint measures must be taken.

Important: Insert the Side Positioning Straps through the respective loops (according to instructions) before securing them to the bed belt.

7. Beds, chairs and stretchers

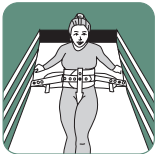
- Only use SEGUFIX® products on beds, stable chairs and stretchers that allow the product to be attached to, in accordance with the instructions.
- Products must be attached in such manner, that they cannot get out of place.
- Note that straps and moving mechanics of beds, stretchers or chairs (or alternating pressure pads and the like), may interfere with each other causing damage, loss of function and injury.
- The attachment points must be free of sharp edges.
- SEGUFIX® products do not prevent beds, chairs or stretchers from tipping over or from unintended movement.

Helpful hints:

European standards for beds: DIN EN 60601-2-52

European standards for wheelchairs: DIN EN 12182 and DIN EN 12183

8. All side rails must be in the up position



To prevent accidents always lock side rails in the up position (exception: 5-point-restraint).

Caution: Do not use with parted side rails except with a gap protector that effectively prevents the patient from slipping through the gap. An open gap could allow the patient to slip through even with the restraint fastened possibly causing compression of the chest.

9. Monitor patients in restraints



Patients in restraints require frequent monitoring.

Aggressive, agitated or restless patients and patients in danger of aspiration require constant monitoring.

10. Test closure-systems prior to each use



Check SEGUFIX®-Magnetic Locks black/segufix.com, SEGUFIX®-Patent Twist Locks green, Push Locks, Snap Locks, Velcro® Fasteners and Buckle Locks for a secure hold.

Do not submerge locks in any type of liquid. This may cause malfunction. If damaged locks fail to open, straps can be cut with scissors or belt cutters. Check the head of the pin for signs of wear and tear (rounding off

or deformation).

11. Pacemaker Warning



A distance of 10 cm (4 inches) must be maintained between a patient's pacemaker and magnetic locks and keys to prevent the pacemaker from possible malfunction (alternatively use Push Locks).

For possible interference of strong magnets with other patient implants please refer to manufacturer's instructions of these products.

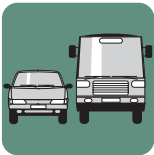
12. Test products for correct attachment

Frequently check products for correct attachment. The straps must be tightly secured to the folding part of the bed, without folding part around the bed frame. The straps must stay in place tightly.

13. Only use original SEGUFIX® products

For safety reasons SEGUFIX® products must not be altered or be combined with third party products.

14. Use of SEGUFIX® products in vehicles



The SEGUFIX®-Transport Belt System does not replace the vehicle's legally required seat belt system. SEGUFIX®-Transport Belts may only be used as additional support or for restraint of a patient. Make sure that the patient can be rescued quickly in case of emergency (e.g. clearly visible and handy belt cutters).

15. Secure but not too tight

The restraints must be fastened tightly, but not interfere with breathing or blood circulation. Loosely fastened products may jeopardize the patient's safety. Frequently check products for correct position.

16. Storage

To prolong product life, store belts and locking systems in dry and dark conditions at about 20 °C.



17. Flammability of SEGUFIX®-Bed Restraints



According to DIN EN 71-2 section 4.3 non-flammable.

According to DIN 75200 the burning rate is zero.

However, products may not come in contact with cigarettes or be exposed to open flame, as this could permanently damage the products, and this could lead to injury.

18. Correct sizing

Always choose the right size is of essential importance. Make sure that the size matches body and waist sizes (refer to sizing tables). Products that are too small or too large compromise the patient's comfort and safety.

19. Disposal

Cardboard → recyclables

Plastic wrapping → recyclables or household garbage depending on local regulations

No longer functional products → household garbage

20. Declaration of conformity

For the declaration of conformity please visit:

https://www.segufix.com/conformity_en.php

21. Expert recommendation to prevent accidents

(Prof. Dr.-Ing. U. Boenick, TU-Berlin)

1. Always use Side Positioning Straps
2. Lock non-parted side rails in the up position
(exception: five-point-restraint)
3. The use of additional restraint elements may be necessary to eliminate bed egress.

22. Ensure prior to each use

- Test locks for a secure hold
- Visual inspection of belts, straps and eyelets
- Ensure sufficient medical indication
- Check legal requirements

23. Serious incidents

Serious incidents must be reported to the responsible authorities and to the manufacturer.

Care Instructions

- **SEGUFIX®-Restraints** (white) are made of a cotton/rayon mix and are washable in hot wash cycles up to 95 °C. Lower temperature and laundry nets will prolong product life. Avoid methods that might bend metal parts of the system (e.g. laundry line, dry pressing, rotary irons), eyelets may be damaged.
Not pre-washed, up to 8 % shrinkage. Store in a dry place.
Detergents: non-aggressive, no fabric softener, no bleach.
Dryer: delicate cycle at low temperature and preferably in the laundry net.
Disinfection: may be disinfected using chemothermal disinfection washing procedure. Overdosing can damage the product.
- **SEGUFIX®-Transport Belts** (coloured/black) are made of polyester and are washable in warm wash cycles up to 30 °C.
Avoid methods that might bend metal parts of the system (e.g. laundry line, dry pressing, rotary irons), eyelets may be damaged. Store in a dry place.
Detergents: non-aggressive, no fabric softener, no bleach.
Dryer: delicate cycle at low temperature and preferably in the laundry net.
- **SEGUFIX®-Locks and metal pins:** remove all locks and metal pins before washing or drying. Laundering will damage locks and possibly cause them to fail. Locks may be cleaned and deinfected with a damp cloth. Never submerge locks in any type of liquid.
- **Velcro® Fastener:** fasten before washing and drying to prevent lint buildup. Occasionally use a stiff brush to remove lint from Velcro® Fastener. Even with normal use, Velcro® material has the tendency to collect lint. This can reduce the grip strength. Before each use, test grip strength of the Velcro® Fastener.
- **Durability:** depends on the intensity of use and is prolonged by gentle laundry procedures (detergent/laundry net).

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https://www.segufix.com/PDFs/AGBs/Terms_and_Conditions.pdf

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